

## Mt. Pleasant Parks and Recreation Roster Formation Guidelines Youth Athletics

The City of Mt. Pleasant Parks and Recreation uses the following guidelines when forming and balancing teams for youth athletic leagues:

## General Roster Balance Priority

- 1. Age
- 2. Gender (for coed programs)
- 3. Practice Night Availability
- 4. School
- 5. Request (non-guaranteed)

## **Team Assignment**

Player assignments are made to create as much equity and balance as possible based on the criteria above. All registrations taken before the final deadline are considered equal and assignment will not be made based on order of registration.

- <u>Late Registration</u> Registrations taken after the deadline will be placed on a waitlist in their respective divisions, in the order of registration. Registrations taken after deadline will be placed on teams as openings become available.
- Number of Players Per Team The general rule for roster size is to double the amount of players on the field/court during game play. Example: If game play format is 5 v 5, we restrict rosters to 10 players.

## Small Sided Game Philosophy

Rosters are formed based on our small sided game philosophy to athletics and limiting rosters sizes to promote direct game play opportunities. Small sided games optimize a players' tactical skills by providing more direct and repeated touches while playing in formats and fields that are of appropriate size for their developmental age divisions.